

## LIST OF KITCHEN ITEMS 2024 - 2025

**SCHEME :** Integrated Programme for Senior Citizen (IPSC)

**Organisation :** Rural Industries Development Association (RIDA), RIDA Road. Wangkhem,  
P.O. Thoubal, Manipur-795138

**Project Location :** SENIOR CITIZEN HOME FOR OLDER WOMENS at Tulihal Mayai Leikai,  
P.O. & P.S. Yairipok, Imphal East District, Manipur – 795149.

**Project ID :** IP/MN/IME/00909

Sl-no	Particulars	No.	Remark
1	Gas Stop	2 Nos	In Use
2	Gas Cylinder	4 Nos	In Use
3	Syntax water tank (500 ltrs)	2 Nos	In Use
4	Syntax water tank (300 ltrs)	1 Nos	In Use
5	Gas table	2 Nos	In Use
6	Kitchen Rack	3 Nos	In Use
7	Rice making pot (Big size)	2 Nos	In Use
8	Curry making pot (Medium size)	3 Nos	In Use
9	Pressure cooker (5 ltrs)	2 Nos	In Use
10	Pressure cooker (3 ltrs)	2 Nos	In Use
11	Water filter (20 ltrs)	2 Nos	In Use
12	Iron Pan	2 Nos	In Use
13	Steel Bowl (Big size)	6 Nos	In Use
14	Steel Bowl (Medium size)	30 Nos	In Use
15	Plate (Small size)	30 Nos	In Use
16	Dish Bowl	30 Nos	In Use
17	Steel glass	30 Nos	In Use
18	Tea Cup	30 Nos	In Use
19	Tray	4 Nos	In Use
20	Grinder	1 No	In Use
21	Steel Mug	6 Nos	In Use
22	Spoon	30 Nos	In Use
23	Dining Table	2 Nos	In Use

*Lahena Sultan*

Secretary  
Rural Industries Development  
Association, Wangkhem

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22	Spoon	30 Nos	In Use
23	Dining Table	2 Nos	In Use

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Association, Wangkhem

## FOOD MENU

**SCHEME :** Integrated Programme for Senior Citizen (IPSC)

**Organisation :** Rural Industries Development Association (RIDA), RIDA Road. Wangkhem, P.O. Thoubal, Manipur-795138

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Day	Morning	Afternoon	Evening	Night
	6.30 am to 7.30 am	11.30 am to 12.30 am	4.00 pm to 4.30 pm	7.00 pm to 8.00 pm
Sunday	Tea & Biscuit/Egg	Rice, Dal, Chicken & Chatani	Tea & Biscuit	Rice, Dal & Vegetable
Monday	Tea & Biscuit/Fruit	Rice, Dal, Vegetable & Chatani	Tea & Biscuit	Rice, Dal & Chicken
Tuesday	Tea & Biscuit/Egg	Rice, Dal, Vegetable & Chatani	Tea & Biscuit	Rice, Dal & Fish
Wednesday	Tea & Biscuit/Fruit	Rice, Dal, Vegetable & Chatani	Tea & Biscuit	Rice, Dal & Egg
Thursday	Tea & Biscuit/Egg	Rice, Dal, Vegetable & Chatani	Tea & Biscuit	Rice, Dal & Egg
Friday	Tea & Biscuit/Fruit	Rice, Dal, Fish & Chatani	Tea & Biscuit	Rice, Dal & Vegetable
Saturday	Tea & Biscuit/Egg	Rice, Dal, Vegetable & Chatani	Tea & Biscuit	Rice, Dal & Fish

*Rahena Sultan*

*Secretary  
Rural Industries Development  
Association, Wangkhem*

## LIST OF KITCHEN ITEMS 2024 - 2025

**Scheme :** Integrated Programme for Senior Citizen (IPSr.C)

**Organisation :** Rural Industries Development Association (RIDA), RIDA Road, Wangkhem,  
P.O.Thoubal, Thoubal District, Manipur-795138

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P.O.Thoubal, P.S. Yairipok, Thoubal District, Manipur-795138

**Project ID :** IP/MN/THB/00878

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17	Steel glass	25 Nos	In Use
18	Tea Cup	25 Nos	In Use
19	Tray	6 Nos	In Use
20	Grinder	1 No	In Use
21	Steel Mug	25 Nos	In Use
22	Spoon	25 Nos	In Use
23	Dining Table	2 Nos	In Use

*Lahena Sultom*

**Secretary**  
**Rural Industries Development**  
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